

Name: \_\_\_\_\_

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**A Tapestry of Smarts & Sparks**

Being smart is what you do with what you know. Nine ways of being smart are music, picture, word, number, body, people, self, nature, and meaning. Your sparks express how you are smart, but are more than just a passing interest or a talent. It's what you're passionate about. It's what unleashes your energy and joy, gives your life purpose and focus, and allows you to make your own unique contribution to the world. Please take a moment to mark each of your sparks so that we can discuss how each of us is smart.

**1. Music Smart**

**Music: Performance**

- Piano
- Guitar
- Violin
- Cello
- Saxophone
- Clarinet
- Bass
- Drums
- Percussion
- Trumpet
- Trombone
- Harmonica
- Accordion
- Singing
- Other: \_\_\_\_\_

**Music: Conducting/ Directing**

- Directing a choir
- Directing a band
- Conducting an orchestra
- Other: \_\_\_\_\_

**Music: Composition**

- Writing song lyrics
- Composing musical scores
- Creating beats, composing hip-hop or rap

Other: \_\_\_\_\_

**2. Picture Smart**

**Art**

- Painting
- Drawing
- Sculpture
- Pottery
- Illustration
- Graphic Design
- Textiles
- Other: \_\_\_\_\_

**Photography and Film**

- Photography
- Filmmaking
- Video Production
- Animation
- Digital Media
- Other: \_\_\_\_\_

**Theatre**

- Directing
- Lighting
- Costume/prop design
- Set design
- Other: \_\_\_\_\_

**Home Economics**

- Cooking
- Sewing

- Fashion Design
- Interior Design
- Candle making
- Quilting
- Knitting
- Other: \_\_\_\_\_

**Building and Design**

- Woodworking
- Carpentry
- Cabinetry
- Construction
- Kitemaking/Flying
- Drafting
- Architecture
- Other: \_\_\_\_\_

**3. Word Smart**

**Reading**

- Fiction
- Poetry
- Nonfiction
- Memoirs
- Biography
- Autobiography
- Other: \_\_\_\_\_

**Writing**

- Poetry
- Plays
- Fiction
- Nonfiction
- Journaling

- Blogging
- Other: \_\_\_\_\_

**Journalism**

- News casting
- News writing
- News editing
- Photo/video journalism
- Other: \_\_\_\_\_

**Comedy**

- Making people laugh
- Telling jokes
- Writing sketches
- Other: \_\_\_\_\_

**Speech**

- Public speaking
- Debate
- Other: \_\_\_\_\_

**4. Number Smart**

**Computers**

- Keyboarding
- Programming
- Social Media
- Coding
- Software development
- Hardware
- Computer Repair
- Web Design

Other: \_\_\_\_\_

**Mechanics, Engineering**

- Science
- Math
- Electronics
- Auto mechanics
- Car audio
- Bridge, highway design
- Machine repair
- Customizing
- Other: \_\_\_\_\_

**5. Body Smart**

**Dance/Movement**

- Modern dance
- Ballroom dancing
- Cheerleading
- Martial arts
- Break dancing
- Other: \_\_\_\_\_

**Drama:**

**Performance**

- Acting
- Improvisation
- Storytelling
- Stand-Up
- Other: \_\_\_\_\_

**Sports and Athletics**

- Basketball
- Football
- Soccer
- Tennis
- Golf
- Baseball
- Softball
- Running
- Skateboarding
- Downhill Skiing
- Wrestling
- Gymnastics
- Bowling
- Hockey
- Swimming
- Volleyball
- Weight lifting
- Yoga/Tai Chi
- Other: \_\_\_\_\_

## *6. People Smart*

### Relationships

- Making friends
- Support your friends
- Being a peacemaker
- Abstinence
- Empathy
- Studying people
- Other: \_\_\_\_\_

### Leadership

- Problem solving
- Bringing people together

- Motivating people
- Conflict resolution
- Student government
- Engagement in civic decision-making
- Membership on committee or boards
- Other: \_\_\_\_\_

### Teaching and Instructing

- Swimming
- Rock climbing
- First aid
- CPR
- Computers
- Team sports
- Individual sports
- Academic subjects (such as math, history, or science)
- Languages
- Other: \_\_\_\_\_

### Entrepreneurship

- Creating business plan
- Marketing
- Sales
- Management
- Creating inventions
- Developing new products
- Designing services
- Other: \_\_\_\_\_

## Family

- Family history
- Scrapbooking
- Helping family
- Celebrating family
- Being with family
- Other: \_\_\_\_\_

## *7. Self Smart*

### Learning

- Archaeology
- History
- Literature
- Languages
- Political science
- Religion
- Psychology
- Anthropology
- Geography
- Sociology
- Other: \_\_\_\_\_

## *8. Nature Smart*

### Outdoor Life

- Fishing
- Archery
- Canoeing/Kayaking
- Horseback Riding
- Rowing
- Hunting
- Camping
- Hiking
- Cross-Country Running
- Cross-Country Skiing/Snowshoeing

- Bicycling
- Other: \_\_\_\_\_

### Nature, Ecology, Environment

- Exploring the natural world
- Protecting endangered species
- Protecting wildlife
- Conservation
- Floral arranging
- Growing flowers
- Preservation
- Landscaping
- Gardening
- Other: \_\_\_\_\_

### Animals

- Raising animals
- Beekeeping
- Caring for animals
- Training animals
- Animal medicine
- Other: \_\_\_\_\_

## *9. Meaning Smart*

### Values I Choose to Live By

- Joy
- Passion
- Integrity
- Respect
- Responsibility
- Courage
- Creativity
- Tolerance

- Caring
- Hope
- Love
- Compassion
- Truth
- Justice
- Peace
- Wisdom
- Other: \_\_\_\_\_

### Spirituality

- Meditation
- Worship
- Liturgy
- Sacred Music
- Hospitality
- Forgiveness
- Studying sacred texts
- Experiences of unity and harmony
- Experiences of transcendence
- Prayer
- Other: \_\_\_\_\_

### Advocacy

- Environment
- Children
- Juvenile Justice Reform
- Equality
- Social Justice
- School Reform
- Other: \_\_\_\_\_

### Solving Social Problems

- Climate Change

- Poverty
- Racism
- At-risk children
- Pollution
- Homelessness
- Hunger/Food Justice
- Other: \_\_\_\_\_

### Service Learning

- Making my community better
- Volunteering
- Helping people
- Helping children
- Tutoring
- Mentoring
- Counseling
- Other: \_\_\_\_\_